



*Balance Through
Neurological
System is the Key
for Emotional
Healing.*

*The Union of Mind
Body Spirit is the
Engineering of
Quantum Soul.*

*Inner Peace is the
Joy of our True Self
of Love I AM.*

*Everything is
Consciousness!*

by

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EVERYTHING IS CONSCIOUSNESS

Everything Is Consciousness

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Categories of QLU

welcome!

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Everything is Consciousness!

A journey through the different dimensions of Consciousness.

The book is a general informative guide based on the books, seminars, courses and workshops of

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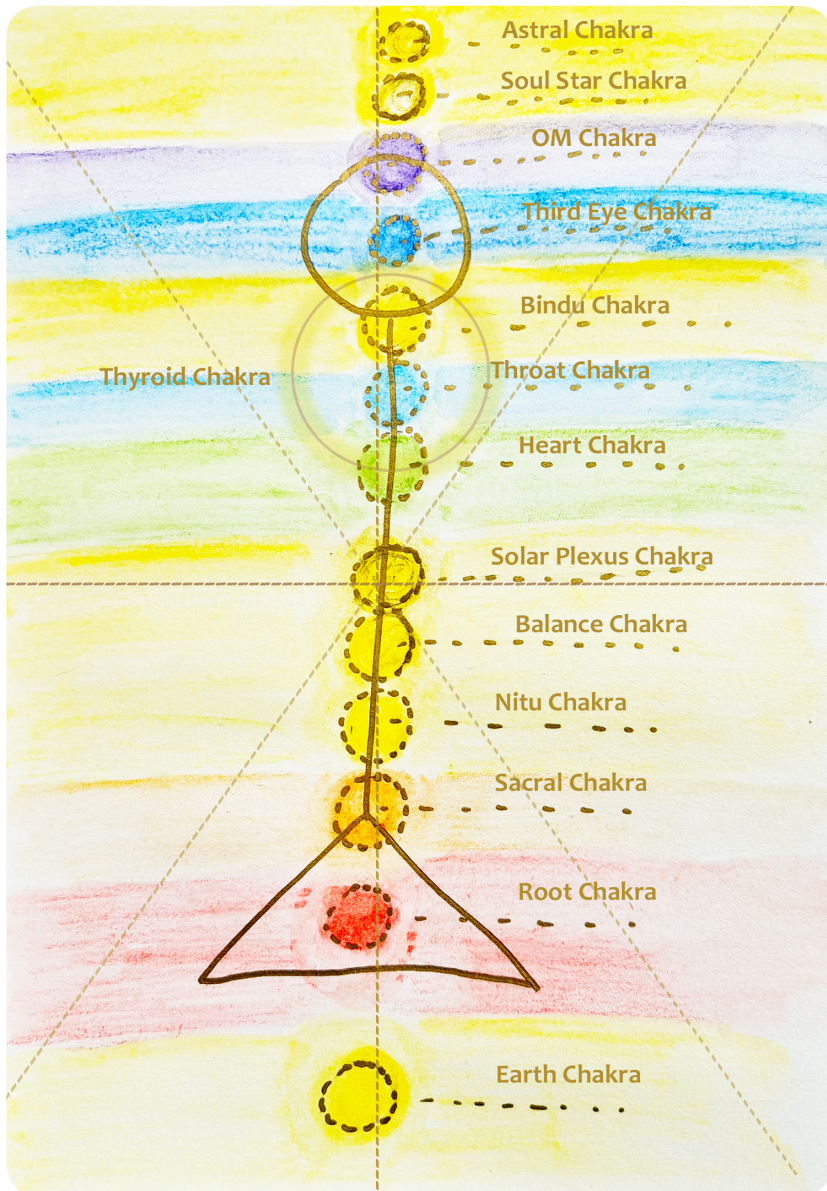
Have fun!

The book is also available in electronic format and is constantly updated according to the new seminars, courses, workshops and books of Quantum Light.

Thank you!

CHAKRA & MERIDIANS

Before we move on to simple meditation, cleansing, attunement and alignment, a few words about our 12 energy centers:



CHAKRA & MERIDIANS

Chakra

Thyroid is the battery of our body, gives balance to our hormonal system as well as the lymphatic and adrenal systems. The low levels of the vitamins of the Sun leads to its weakness.

This results to a weakness of the health creating autoimmune diseases and sadness to the point of chronic depression. Activation and the LIFE pulse at the energy centre of the Thyroid is the life source for the body as well the bringer of balance for our spiritual state.

The energy centers are the poles of the body as well as of the soul. As the poles of Earth that with the power of their rotating movement create the grounding to her core meaning the concentration resulting to energy flow and creation of LIFE.

Even though our energy centres are hundreds we focus on the 7 basic energy centres in our body and the 5 in our aura.

Each energy centre is represented by a symbol or a colour where the colours represent cosmic light energies, like quantum vibrations of LIGHT.



CHAKRA & MERIDIANS

Chakra

Each energy centre is a spiral vortex of energy which when activated allows the flow of cosmic energy towards the empowerment of the body for cleansing, axial alignment, healing and connection to our higher self, the higher vibration of our soul and consciousness.

When our energy centers are shut off a body dissonance is created, confusion, mistrust, fobia and many other negative emotions, due to the disconnection of the soul with the higher vibration since the soul contains the body and not the body the soul – as energy I pre-exist and then comes the body.



CHAKRA & MERIDIANS



Thyroid Chakra

The Thyroid is the battery of our body, it gives balance to our hormonal system but also to the lymph node.

The lack of the vitamin of the Sun leads to its weakening. This has the effect of leading to the decline of health, creating Autoimmune diseases and sadness, i.e. chronic depression.

The activation and pulse of LIFE in the energy center of the Thyroid is a source of LIFE for the body but also the one that brings balance to our spiritual state

Root Chakra

The base energy center represents our Grounding with the Earth and our birth into the here now, on planet Earth.

Color Red



Sacral Chakra

Represents Biological Creation of Life, the embryo, love, union.

Color Orange



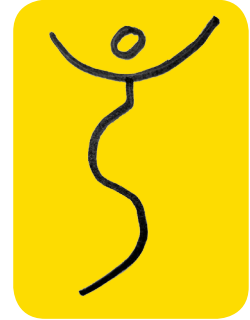
CHAKRA & MERIDIANS

Chakra

Solar Plexus

The energy center of the Sun
in our body.
Our union with LIGHT.

Color Yellow



Heart Chakra

I AM

Color Green

Thought Chakra

The Expression of the Soul, Speech,
I Express myself, the power of Words.

Color Blue



CHAKRA & MERIDIANS

Chakra



Third Eye

I see beyond the obvious,
i see what i feel
I see the Energy.

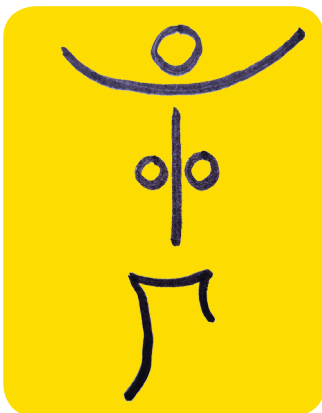
Color Blue

Crown Chakra ΩM

Universal Connection.

Opening, Awakening, Awareness,
Knowledge,
enlightenment, awareness,
the center of the thinking core.

Color Purple



Balance Chakra

Energy Balance, of the two
hemispheres, of
of our Body and Soul

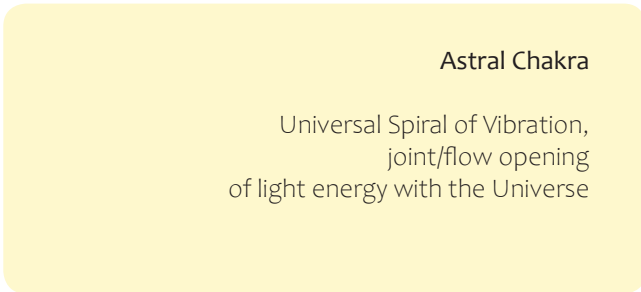
CHAKRA & MERIDIANS

Chakra



Earth Chakra

Universal Spiral of Vibration, grounding opening with the EARTH



Astral Chakra

Universal Spiral of Vibration, joint/flow opening of light energy with the Universe



Soul Star Chakra

The energy center that represents my higher vibration of light energy, the star of my Soul.

The seat of the Sou



CHAKRA & MERIDIANS

Chakra



Nitu Chakra, Spine Activation

We send light energy/photons to the Spinal Column to upgrade the DNA from 3D to 5D+

Bindu Chakra, The Core

The vibration of truth that activates acceptance is the first healing, the impulse of realization through perception leads to the completion of the Healing of our Core Being, creating:

I am energy and as energy I do not belong to static, I belong to movement, I move, I create, movement nullifies 3D and creates higher 5D+ vibrations.

I am a Core of Light energy healing



CHAKRA & MERIDIANS

Meridians

PLUS (+) is a definition of “space” that gives the sense of the horizon but also of a central point, the meridians.

Its vertical and horizontal lines define or separate planes in space perhaps even time, meridians.

The point where the two lines touch (+), defines the central point, which reminds us that: anything that expands, expands from its center.

Perhaps it is also the only element of perception, of this treatment, since everything depends on this point, the center (core).

In essence, since there is no before and after and it is defined by the now, so I can change or define the before and after, in the horizon of my existence, through my quantum physical machine.

That is, by changing how I feel about my past or my future, I simultaneously change the frequencies of now and their definition.

How can I achieve this?

I can achieve this by joining. The union of the points of my horizon, between my meridians.

When I unite all the points that make up my horizon, I unite all my own points of perception and form the powerful H (7), my meridians, as my poles of union.

The importance of my meridians is my strong grounding, since it enables me to come into harmony with mother EARTH and her meridians, but at the same time with the meridians of the universe, since I am the image of all that make me up.

The meridians of the universe constitute the guidance map, through their union flow.

I unite my right and left sides, in my horizon, simultaneously creating my grounding, as my meridians come into harmonic balance.

I create my spiritual union, I perceive, the perception acts as a driving force of my awakening, it helps me perceive, the trappings of my ego and release them into the LIGHT, as they are no longer needed.

I unite my meridians, it means I unite myself with the higher consciousness, so the sense of this practice gives me exactly that, the greatness of it here, but also of the flawless infinity of creation.

Perception helps me in my spiritual evolution.

The Gallbladder Meridian
The bladder Meridian
The kidney Meridian
The lung Meridian
The Meridian Pericardium
Colon Meridian
The Spleen Meridian
The Meridian of the heart
The Meridian of the liver
The stomach Meridian



Treatment of the Body Organs
INNER HEALING

*Energy vibrations of light. Healing in all the Organs of our
Body, Body Care, Rejuvenation,
Cell Regeneration*

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CLEANSING AND DIRECT ATTUNEMENT ENERGY THERAPY

I place myself in the center of the light spiral, which includes 7 energy strings.

The energy spiral, as you rotate from its center, illuminates.

We place the energy coil in each of our energy centers.

We stay in the energy flow, feeling our energy centers light up, activate, fill our body with pure Astral LIGHT.

Grounding with self love.



Master Symbol Sun Quantum LIGHT

It is the energy symbol of the Sun Quantum LIGHT Master Teacher, symbolizes energy Vibrations of the Sun, the Universal Spiral and the Quantum Field.

Association of actions

ONE LIGHT (BOOK 1 SUN Quantum LIGHT)

SUN

Photons

Conscious with the Subconscious.

The AWAKENING

Sun is the “technical” method of light energy.

Hypnosis/deep meditation with the sacred geometric shape Prisma LIGHT ie the meditation of high energy vibration of union of three elements that make up existence, body soul core, I create Prisma LIGHT (dynamo Dinamo of the higher levels of my soul, consciousness, i am light) .

The bundles of light (photo quanta), which travel millions of years to come to us, to give the body the vitamin life of the Sun but also of the planet Earth.

The first LIGHT, SUNLIGHT, the invocation of light, ALPHA.

The bundles of light (photo quanta), which travel millions of years to come to us, to give the body the vitamin life of the Sun but also of the planet Earth.

The first LIGHT, SUNLIGHT, the invocation of light, ALPHA.

The photons (photo quanta) the cells of the Sun, the sun’s rays.

Who travel hand in hand with the Orgone element of the universe, Aether, to become all ONE LIGHT in the here now.

LIGHT as an element precedes and is as an element that creates all levels of life, Quantum LIGHT. The spectral universe.

His creation began from a flash of white light, from his spin (energy spiral) into infinity, he was created the source of Life followed by all that we see all that we know, a crystalline creation of white bundles of healing light, the first sun the first LIGHT, SUNLIGHT.

It is the basis of creation of Quantum LIGHT (Soul healing) and the principle of light codes, guides of light to the fullness of ONE LIGHT.



The Sun the highest energy vibration of the Universe, the Central Sun, the Central Solar System, Infinite LIGHT.

The Embrace of the Sun characterizes Sun Reiki through love for LIGHT.

The Golden Vibration of the Sun, the bright source of LIFE, the feeling from the soul center “I am home, I am light”, I breathe LIGHT.

I see the spectral universe, the linear structure that contains the materials of creation such as sacred geometric shapes and more bright creative elements of life.

Since I have the whole toolkit as a bright BEING of the Sun then I create my own electromagnetic life field with the bright elements that I choose (photo prism) and place inside everything I desire such as abundance happiness love health calm balance and everything I love and desire in light vibrations.

The Sun sending the PHOTONS (the cells of the Sun) into the here and now created the inexhaustible source of Life, namaste.

The Soul Core is the first Vibration of Soul Energy that was created from the Light ie Photons.

I AM LIGHT

Photons

Photons are the white light of the Sun, the perfection in building the body with the soul.

By allowing the vibration of the Sun we allow the LIGHT to shine back into our bodies.

To illuminate our cells one by one, sending us the regeneration of a luminous body, of pure DNA with the first creation of LIFE - Photons.

We were born from the light, we are children of light.

The vibration of light, when the Sun flows through our body, awakens the memory of the Light child with the opening of the heart to the light -

I AM LIGHT

The recognition, Consciousness, of the Light Body is achieved by shedding the 3D state of being with the energy upgrading to the 5D+ state of existence and the higher vibrations of light above.

The Codes of the Sun are the language of the Sun, they are the activation, the push towards the Awakening of Consciousness, so that the perception of Light is activated.

I am more than a body that moves within matter.

I am the creator - I create light through the vibration of the Sun.

- I AM LIGHT Soul Body Cleansing from negative energies, which have no space or time in the Light, since in the vibrations of light nothing negative can survive - nothing that does not belong to LIGHT.

We allow our connection with the Sun, light photons, through the Solar Plexus Energy center (Solar Plexus located in the abdomen) or the third eye or the OM or all three simultaneously and in parallel.



Chokurei Oυρανού



Ηλιακό Πλέγμα

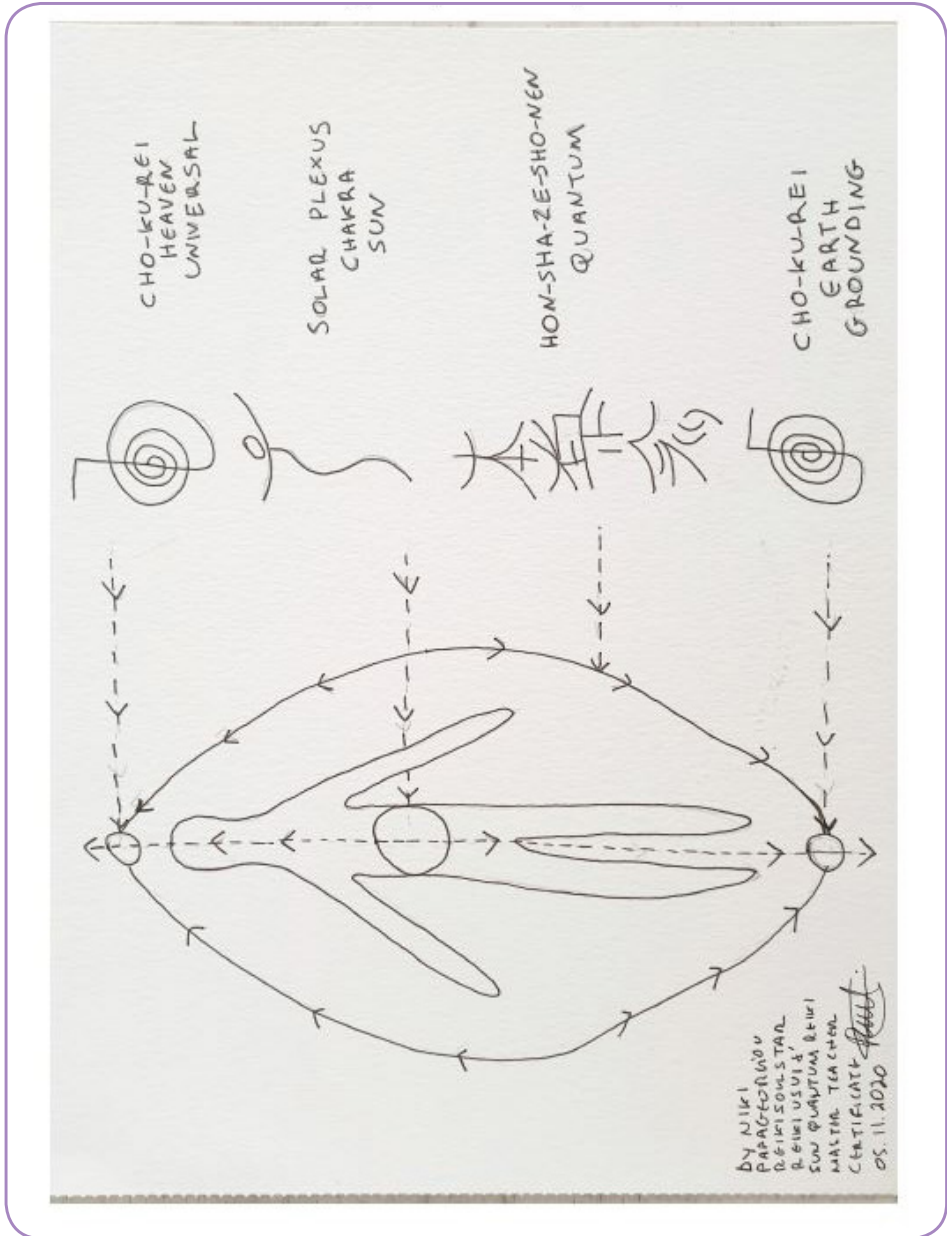


Hon-Sha-Ze-Sho-Nen



Chokurei Γης

The shaft (axis) of light that is created, within the Quantum bright my field, it permeates all energetics and unites me with mother EARTH but at the same time it also connects me to the universe.



MEDITATIONS

Meditations and their recognition elements in terms of the positive result we are looking for are:

calmness, peace, relaxation, activation, realization, cleansing, alignment, awareness, truth, acceptance, recognition, identification, planning, joy, smile, love, spiritual growth, respect, dignity, healing, strength, empowerment, release, liberation, etc. elimination of negative vibrations

In the Physical state of vibrations, however, there is no “problem” because programming, ours, considers it a “problem”, the problem is a situation that can be transformed through meditation into a form of natural integration positive in terms of its evolution as towards pushing him to something bigger and more important, i.e. a problematic situation proves to us in itself that this path is closed, so let’s move on with the path next to it that will lead us painlessly to the desirable result we seek.

A Meditation can through the creation of a pure mind to receive bright thoughts as to the solution of all “problems”.



IRIS



PHOTON (SUN CELL)

Meditation with open eyes.

I can enter the center of myself, the energy field, I MEDITATE, every moment of my life in any way that suits my energy, just as I can work on my energy healing in any way that suits me.

That is also why there are endless options for how we can offer our vulnerable person energy therapy, sometimes just a walk on the sea or a simple conversation with our loved one is enough.

Quantum LIGHT is one way out of thousands of ways out there.

If it speaks to your heart then it is the way, the guide you were looking for on this path, namaste.

*Quantum of Light ie. Quantum LIGHT
the cells of the Sun.*

IRIS

The Iris is the basic element of Quantum LIGHT which means PHOTON

The Iris is the photon and the photon is the Iris, as we see in the pictures.

The Iris constitutes, but in particular the entire biological mechanism of our eye constitutes the indication, the documentation of our origin, we are LIGHT, we are quantum luminous beings.

Our birth has its roots in the first light of Sunlight.

LIGHTNING

A meditation becomes powerful in realizing through the Iris, and that is meditation with open eyes.

Through the vibrations of symbols of Quantum LIGHT the journey through the Iris during the

become stronger since it allows the body to actually live the energy vibrations.

the perception of dialogues is the penetration of the body with our energy (soul) into the Quantum energy field of light uninfluenced vibration by matter, is strongly perceived when the guidance is from IRIDA ie I consciously enter my subconscious as to what.

I wish through a meditation

EARTH

Axial alignment through meditation.

The axis of mother EARTH is not obvious but it is the main reason for the existence of mother EARTH.

Our axial alignment is about our grounding, but at the same time our connection to the white light universe, the subconscious consciously.

Our axis penetrates all our energy centers from the crown of our head to our feet, where our soles join the EARTH.

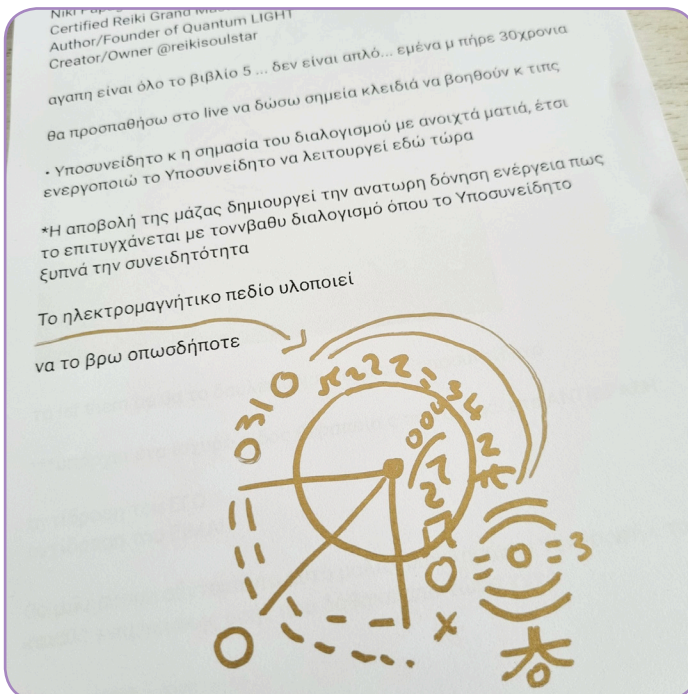
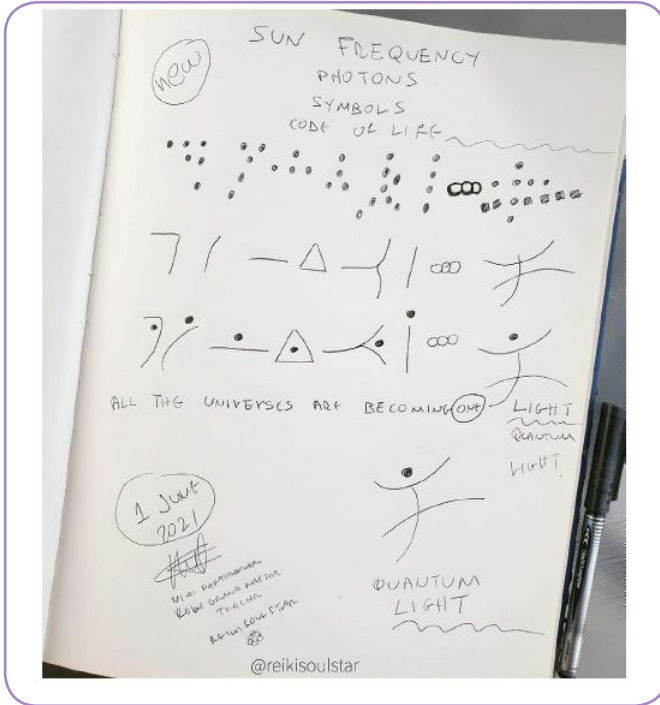
Grounding is the strongest element in the completion of our meditation, our roots to be strong, deep, stable on the EARTH.

It creates our internal empowerment but also our constant flow in the electromagnetic field of the EARTH with our momentum and then our centrifugal force.

As we exist we move we create like mother EARTH.

The “command” mantra GROUNDING completes each meditation, with the realization, consolidation of the energy structure, realization.

****if the mantra word “GROUNDING” is not given during or at the end of a meditation, then our connection to the constant of the earth field is non-existent and our personal integration and empowerment will be absent since the concentration will not have completed.***



PHOTONS

Photons are the sun's rays, the cells of the Sun, the first LIGHT, the SUNLIGHT.

They are the carriers of the code of life, DNA of life, bright codes of LIFE.

Each cell of the Sun, each photon, has its own role in the luminous chain of life.

It is made to give codes of life.

Many photons together create the higher powerful frequency of the SUN.

SUNLIGHT source of bright life.

The Photons of Quantum LIGHT, unite us with the Sun Rays of the Sun, receiving the life messages from the LIGHT for creation of a new clear light. Each photon has its own algorithm, its own shape, its own commands and its own role.

Each algorithm of the Sun, quanta of light, has an explanation, a functionality, a decoding, which helps us to receive the messages of the LIGHT to our benefit.

For example photon Mitochondria, it is the neurological programming, through mantra meditation, that gives LIGHT energy power to our mitochondria, our mitochondria make up 85% of our body's energy.

Healthy mitochondria boost energy, healthy body.

NEUROLOGICAL

Neurological Programming, how is it achieved and what does it offer us?

I release the vulnerable me from the oldest neurological programming that is an obstacle to my personal evolution.

How does this happen and what exactly does new programming mean: every fetus born on planet Earth brings with it centuries and centuries of DNA recording.

Like a crystal that needs years of creation to be created in its final crystalline form, this is exactly how our DNA is.

Our DNA passes from generation to generation from journey to journey until it finds its final form, the pure form that we wish

We care with the awakening of consciousness, spiritual growth, acceptance, spiritual cleansing, the establishment of a new pure crystal DNA that represents us according to our own free will, our own choice.

The Golden light chain of photons, help us in the liberation from the old programming, and in the luminous creation of our new being exactly as we desire.

I light up the neurons through the high vibrations of the mantra dialogues offered by the decoding of the photons.

The high energy vibrations create the expulsion of mass influences and I place my body along with my soul in the Quantum energy field of light where I receive light commands without resistance from the matter mass, and as I am at this point, the bright, I care for my personal liberation without hesitation because I see the bright truth of a new bright programming that will give me all the supplies I need for the new life and the new version of myself as I desire.

The Sunbeams of the Sun are the Photons that travel years and years to be in the here and now near us and to they offer the LIGHT i.e. the source of LIFE

Of our existence, our creation and everything around us.

LIGHT is Quantum and precedes it Quantum because he is the creator of EVERYTHING.

Create the image that you are in a dark room and your Vision sees only the darkness without creating images colors of feelings emotions.

But when the light switch is in the room and the LIGHT turns on, then you have everything the image in front of you.

Colors, emotions, furniture, objects, feeling of joy I see, security (the dark scares).

Place this switch on your body and press to turn on the LIGHT.

That means PHOTONS.

They are the bright codes of LIFE to illuminate our body and soul. It is all the sacred geometric shapes of liberation from the dark room is the LIGHT EPIPHYSIS.



Εισχωρώ στην Ενέργεια



Φωτεινή Επίφυση



Σκανάρισμα Σώματος Ψυχής



Αποδοχή Ενέργειας



Φωτόνια

AWAKENING OF CONSCIOUSNESS

Everything around us is the translation of the life pulse of the universe, a bright source of energy, we call them algorithms. It is the name and way of perceiving our own energy vibration, about how the universe “speaks” and “responds”.

The colors, sounds, shapes, light codes, numbers, natural phenomena, sensations, intuition, knowledge, sight, hearing, oxygen, touch, words, letters, the natural flow of everything, the emotions, the circular rotary motion of the EARTH, the waves of vibrations that create the Quantum field, the infinite, the energy, the infinite.

The energy center in our body, which we call the Solar Plexus, is the our connection, our union, with the light source of energy, the Sun, so that we can receive from the Sun, all the light information of LIFE (algorithms/photons), as to our completion.

Awakening of Consciousness.

simplification, knowledge, clear thinking, simplicity, gratitude, flexibility, frugality, love, LIGHT

Awakening Consciousness WORDS EVENTS EMOTIONS with low vibrations combined with their high vibrations, all placed in the same field, give us one and only result, the ONE, CONSCIOUSNESS.

“None of our business”

There is the golden door in our life that when opened, Epiphysis, we realize that the actions of others do not concern us.

Respect for our self, for our own feelings, for our own value, love, care is the vibration of I AM.

Respect for the desires of our luminous soul, for our quest for liberation and light ascension.

I deserve it, I came here now to be happy happy, not allowing the old “regret” programming to be about the right I WORTH it.

I simply ask my Evatos, if I would do the actions that others did to me, if the answer is NO, then I have the ticket of liberation m which immediately creates the peace vibration in my soul, inner peace.

Everything around our lives has the energy vibration “free will”, Nature, People, Animals, Universe, EARTH, Stars, as Healers and as Masters of LIGHT let us come to peace acceptance with this, I accept free will and expel the energy state of pain that results when it doesn’t match my own emotion reality vibration.

SEA SHELL

We place a shell in our ear and hear the sea without it being there, a programming that is written in our neurological, to hear the sea through the shell.

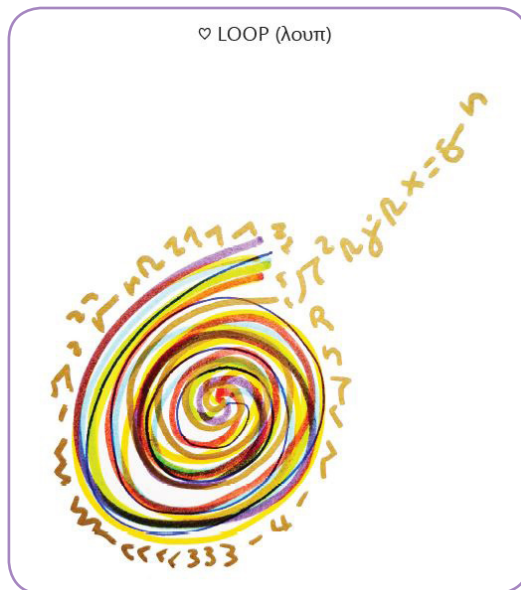
We give the command to our evato, to listen through the shell to a sound that does not exist at the present moment.

We create the sounds we feel, that we want, we create and program our Evato and our energy.

Ability that we have always had, we just haven't realized it or accepted it or perceived it, when we realize it and discover our abilities, that means we have programming abilities, then we are in the vibration of consciousness awakening, I remember who I truly AM.

The light codes of the universe, the sounds, the images, the algorithms, guide us when we decide to listen and trust the light source of energy, creation.

Light codes are the compass of our life.



CIRCULAR ROTARY MOTION OF EMOTIONS

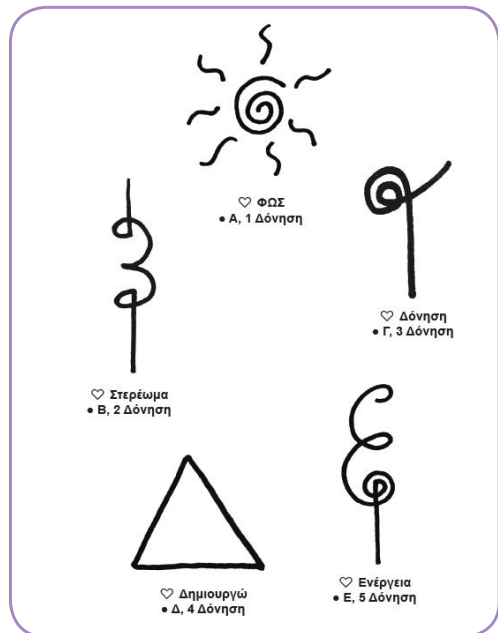
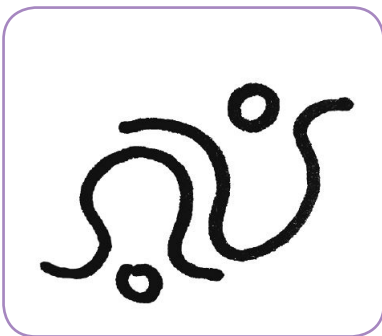
The circular rotary movement, universal spiral, of emotions changes with consciousness and not with space time or distance, acceptance.

Between you and me, at this particular moment in our circular motion, emptiness.

This void can be characterized by various emotions that collide with each other in a non-stop interplay with no final result due also to the void that exists between the emotions.

When a situation does not come to a harmonious final desired result it simply means that there is no harmonious union between everything from A to Z.

We call upon the Aether to fill the gaps of such a situation in realizing the desired outcome.



HEALING

The Meditation is dedicated to our personal STAR ie. in our LIGHT, our SOUL.

It places us in the vibration of the bright star with the 5 points ie. our physical origin Quantum luminous BEING.

I bring my hands in the shape of a Kanji, to the center of my sternum which the movement symbolizes D ie. the sacred geometric shape triangle which in its sum symbolizes the speed of light.

****I place a triangle sacred geometric shape that helps me focus quickly for meditation.***

I place 5 luminous cosmic spirals, in 5 points of energy centers in my body, but also in m energy at the same time.

The rotational motion of the cosmic spiral is characterized as angular momentum, i.e. the rotation starts from the center from the inside out and creates the steady progression towards the luminous creation of I desire and believe.

****The five energy points in the body and in our energy that we place the coils in rotary motion:***

At our base, where our feet join mother EARTH.

On the Crown of the Head, i.e. the OM.

Our right side and our left side.

The fifth in the center of our body ie. our solar plexus.

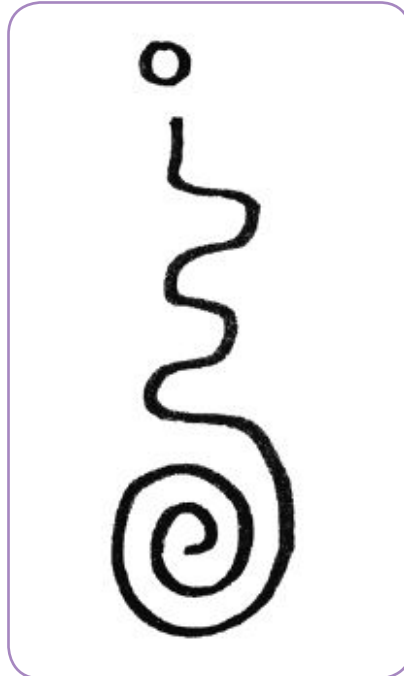
After placing all the light SPHERES (spirals) in rotational motion, (which create algorithms i.e. light codes of LIFE), we call them for the union of one, i.e. for all to come and unite in the fifth light point, in our Solar Grid in inside our abdomen.

We stay for a while in this concentrated point of meditation and give the command bright Star, i.e. to shine all the LIGHT, white, from the inside to our whole body and to our energy, from the inside out.

I become a bright Star, one with the universe, the universe one with me, the universe is I am the universe.

I stay as long as I feel I need the meditation therapy, from seconds to minutes.

Reset with GROUNDING vibration, 6 Z



DNA

The Roles, DNA, the old programming!

When do we “lose” life?

when we play all the parts but our own

It doesn't matter if we do everything right and how many “good” roles we play for the good of all, in the end we lose LIFE because we don't play the role we were born to play.

The very word LIFE, in its final vibration is 2 i.e. B. The energy fixed on the Earth and magnetism, attraction.

Into our Life we attract whatever we decide, we decide to play our own role, for who we are born, therefore bright source of creation, it supports us 100% based on our natural existence ie exactly as our nature made us.

We feel confident in the natural process of our personal development.

What makes me happy happy, is what completes me, ALL of me.

FOUNTAIN

The fountain of youth. No, it's not a myth.

It is the Light source of energy.

It is located in the middle of a green forest. Filled with colorful butterflies.

The fountain of youth, the fountain of abundance, the fountain of eternity.

Every step towards awakening consciousness ensures a step towards youth.

What exactly does youth mean?

New healthy cells, the more oxygen receive the more they breathe.

We were born to breathe. Every time I deny the vulnerable m to breathe I deny him the right to LIVE.

Without oxygen cells age, with oxygen they are renewed.

I care for Evatus m to breathe into his natural being without personal oppression but with liberation.

Approaching the path where the Fountain of Life is located, I am led by hundreds of colorful butterflies.

Approaching I feel my body being renewed in the LIGHT.

I see the tender m in the clear water, the fountain of youth, I see my pure form in the white LIGHT, I choose it, I begin a new beautiful LIFE with the Heart energy center open.

NEW EARTH

The new Earth and how we deal painlessly with all the new changes that are happening around us, in us, but also in the whole universe.

The new dimensions and upward evolution of energies, the collision with older energies and the expulsion of negative vibrations from the body and soul.

Flexibility is the vibration that helped us in the new adaptation.

By opening the energy center of our heart and understanding the future we empower the present and heal the trapped past.

Energy centers, Awakening of Consciousness and Heart

Join
Core
Body
Soul
Grounding Light Lightning
Alignment
Recognition
Balance
Serenity
Liberation
Nature
Sun
Heaven
EARTH
Moon
Stars
Universe
Colors
Planets

Sounds
Love
Happiness
Abundance
Assimilation
Waves of Energy
Energy Balls of Light
Slow hand movement
Feeling of Energy
I create Energy
I create Life
Awakening of Consciousness
Allow
I'm evolving
I am in the LIGHT
Heal
Treat
I am LIGHT

PHYSICS

- EARTH

The rotational movement of the EARTH on its axis and the union of two Poles create the constant and the magnetic field of realization attraction.

I live and move on planet Earth, I am part of its natural force.

- Water

Water is a source of Life, flexibility, evolution and creation.

My body consists of more than 65% water.

- Fire

The Sun is made of fire, LIGHT. Without the Sun there is no LIFE.

The Thyroid is the center in our body that houses the vitamin of the Sun.

When there is no vitamin of the Sun in the thyroid then our body collapses.

Our Solar Plexus is our connection to the light source of energy, the Sun.

- Air

Oxygen, I have lungs, forests are the lungs that give life to planet Earth.

I feel the air oxygen entering my body, the oxygen is my breath.

I allow myself to breathe, pure oxygen of life.

- Ether

The fifth element that unites everything inside out above.

Our Aether brings LIGHT to EARTH.

It fills all the gaps in the wave motion and by joining it creates the solid universe, Quantum Energy Field.

Ether is the uniting element of ALL.

- Place Claim

Balance places me in recognizing my personal worth.

I realize and am now sure that my thoughts are "right" because I have the feeling of confidence in growth that leads to my grounding, to my steady movement on the EARTH.

I know, I have knowledge, I AM.

I place and claim my personal value in LIFE and the right to joy that I have come to live reasonably through the bright my crystal energy.

I clear, plan and implement all my desires, through the powerful strength of my neurological system, my spiritual balance faith and of love to my son.

I AM.

LIGHT CODES

The bright melody of the universe composes my soul, I am the creator of my own universe, psychosynthesis.

THE LANGUAGE OF THE UNIVERSE



UNIVERSE

Palms up, I breathe LIGHT
I release (exhalation) and bring my hands into
an A shape (alpha the first LIGHT) concentra-
tion.

I see the LIGHT within m.

Opening light energy flow, I step into the LIGHT
with trust in the flow of the energy structure I
feel in my whole being.

I allow the whole of me,
free on this trip of choice

I travel in the LIGHT

Spectral Linear Universe

Colors Bright

Reflections of the sea everywhere

I choose my center

Steady

I am in the center of my soul

I see in front m shaped letters

I hear strong vibration sounds

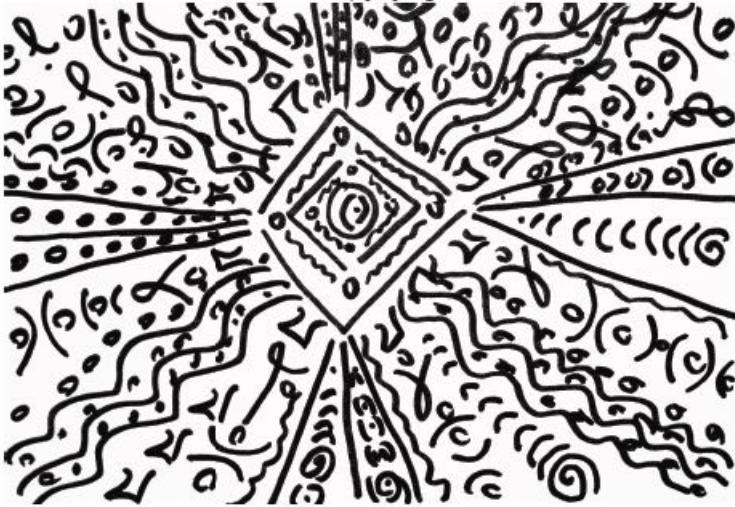
I hear the sound of my soul

I compose my Soul

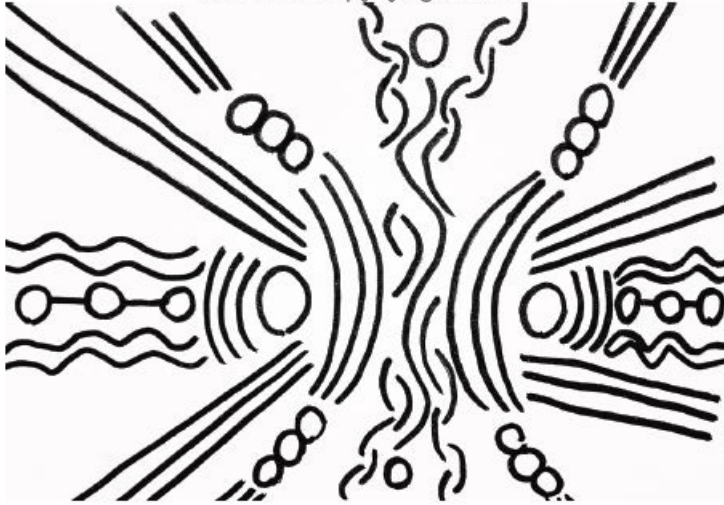
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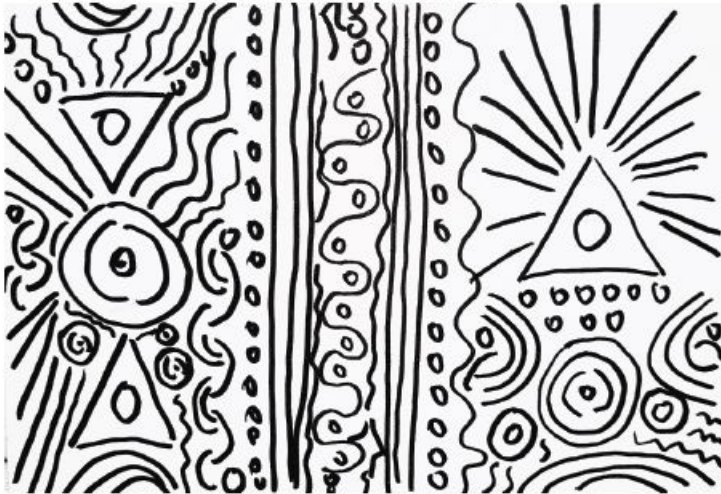
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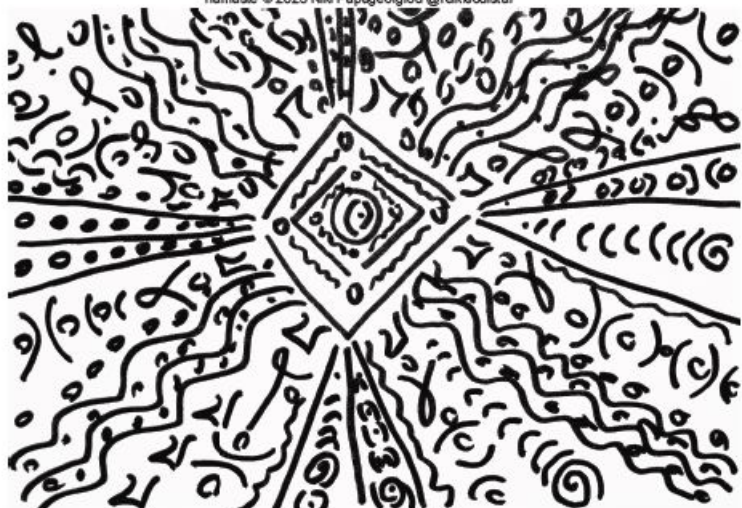
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SPIRAL

The universal spiral represents the invocation to LIGHT, first LIGHT, SUNLIGHT.

Represented by the first letter of the alphabet A, bringing our hands together in front of our sternum/chest.

The flow of the Universal Spiral is from its center outwards, this rotational movement is called torque.

Rotation is the rotational movement from the center outwards with a strong constant force that creates the joint opening invoking SUNLIGHT, white LIGHT.

The coil has different names for each type of Reiki such as Chokurei.

For musician-composers it is SOL.

For Quantum LIGHT and initiations practical treatments are simply spirals or bundles of light.

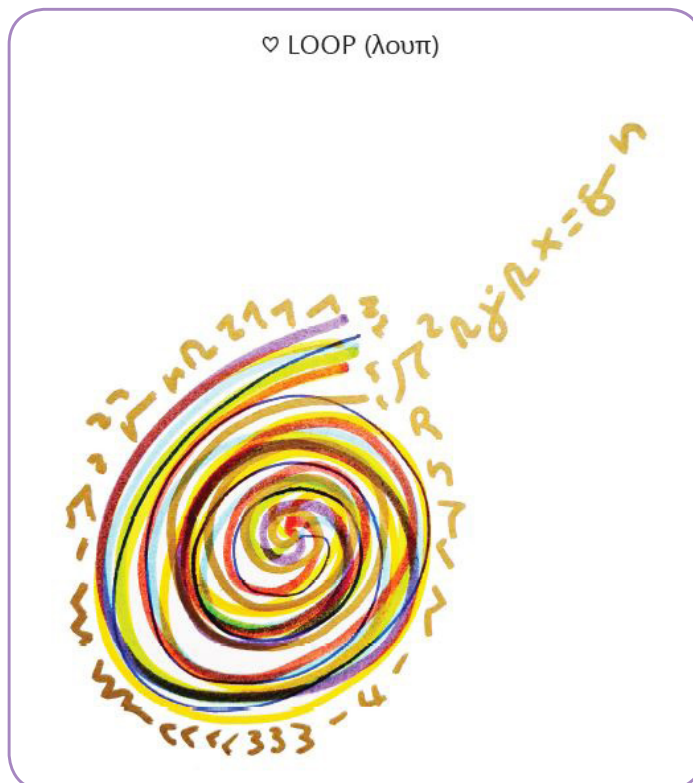
If the universal spiral is towards the the outer left is the opening to mother earth (grounding) and if it is to the right it is the opening to the universe.

SPIRAL

The spiral we see in the image represents the journey to the center of our birth, the recognition of ourselves, awakens confidence in ourselves and helps us realize that we can be the image we want of ourselves or attract.

Everything can be created and evolved from the center of our vortex or attract.

Our center is the answer to our Subconscious Consciousness.



This established the LOOP symbol as the Master Symbol of the 5 book Quantum LIGHT Subconscious.

Energy therapy concerns the axial alignment of all energy centers, and at the same time the grounding to mother Earth.

The LOOP symbol works as we feel it, when we look at it and place it in our palms, since our palms are poles of energy.

The LOOP symbol is: 7 energy spirals, each spiral has its own color, which respectively is each energy center as we know it.

The golden algorithms, surrounding the flow of the LOOP symbol, remind us of the power of Quantum Physics, which simply tells us that everything exists around us, because consciousness exists.

Perhaps the most important moment in our life is when we meet our soul, we ask him who I AM, I AM true to my INNER SELF?!

If the answer is no, then we “must” change this reality, since the illusion of ourselves negatively affects our body, spirit and mind.

But it also negatively affects the reality we live in, everyone, everything around us, and much more our own balance, health, love, peace towards ourselves.

Assimilation, of the Master Symbol LOOP, begins with energy healing, of our energy centers, in preparation acceptance of the spiral symbol.

Cleansing Energy Therapy:

I place myself in the center of the light spiral, which includes 7 energy strings.

The energy spiral, as you rotate from its center, illuminates.

We place the energy coil in each of our energy centers.

We stay in the energy flow, feeling our energy centers light up, activate, fill our body with pure Astral LIGHT.

Grounding with self love.

true self

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Balance Through Neurological System is the Key for Emotional Healing. The Union of Mind Body Spirit is the Engineering of Quantum Soul. Inner Peace is the Joy of our True Self of Love I AM. Everything is Consciousness!

Η ισορροπία μέσω του νευρολογικού μας συστήματος είναι το κλειδί για τη συναισθηματική μας θεραπεία. Το μυαλό, το σώμα και το πνεύμα μας είναι ο ιερός ναός της αγάπης και της φροντίδας του εαυτού μας, η αποδοχή του παρελθόντος μας είναι το εισιτήριο για εσωτερική ειρήνη και χαρά.

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- Metaphysical Science (2025, Guidebook based on the Teachings of Dr. Paul Leo Masters, Metaphysical Science MscD).

- Pleiadians Workshop, Based on the original Book of the Channeling Pleiadians Quan Yin 1975, Pages 600, Covers the Awakening through the Inner Child with the Power of KA (Star Light), Dolphins Dimension, Blue Print of the Universes, Axis, Aura, Chakra, Quantum Field and so much more on the Spiritual levels of Awakening the Consciousness.

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- Certified on Holly Fire Reiki through the International Reiki Organization.
- Certified as Life Coach on Shamanic Healing Journey international.
- Certified on NLP international Life Coach.
- Certified on Clinical Hypnosis.
- Certified Author from University of Aristotelios Thessalonikis.
- Official Author Recognized from Cyprus EU also as Publisher and Journalist.
- Recognize Internationally the Quantum LIGHT University from all Reiki Organizations and more!
- Certified on educational programs from Eudokimos Athens College of: Astrophysics, Psychopathology, Writer.
- Master on Graphis & Web design through the ILS College of Hamburg DE.

- Some words about me:

As a child never lived years of childhood, for me it was like never existed such a word, the childhood years was abusive years, many students of mine and good friends, are telling me: Niki pls write down those years and let the truth out there. My answer is always the same, is not going to change what happen all those years then and we don't need those toxic words now, I learn to let go and move on. This is one of the important reasons creating the Reiki Soul Star because is resonates with who I AM. That's why everything I do create in Reiki Soul Star are from me, books, art, creations, courses, even the post's, because is making me feel beautiful to create energy to heal what left in the memory.



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